

# **Chapter 6: Relationships**

FRANCINE FABRICANT

JENNIFER MILLER

**DEBRA J. STARK** 

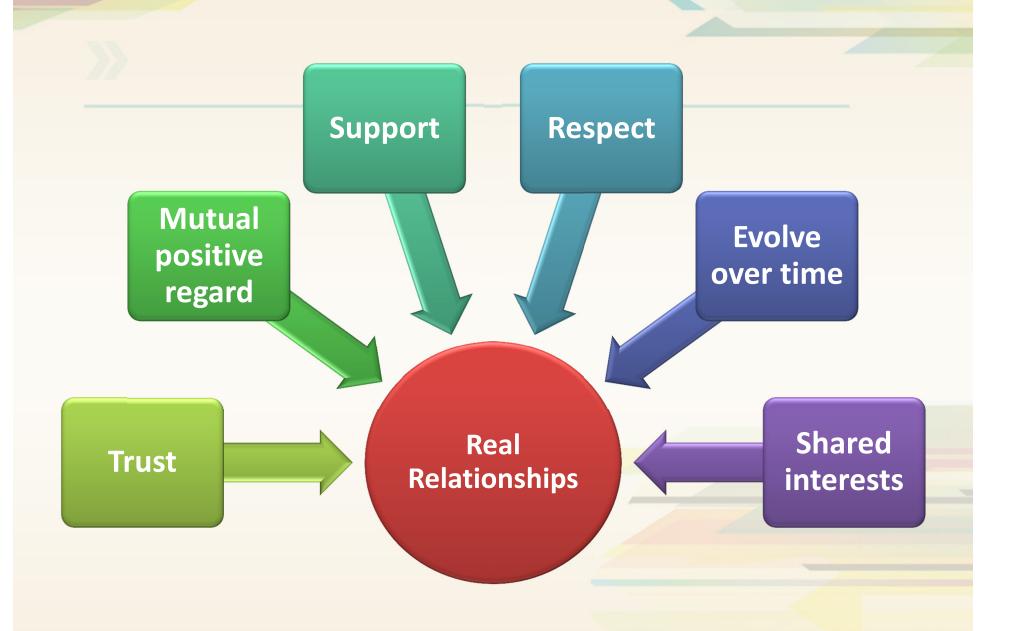
#### Let's discuss



"The end result of kindness is that it draws people to you."

~Anita Roddick

Luba V Nel



#### **Building real relationships**

Yuri Arcurs

Connect through

• Interests
• Career exploration
• Online social networks

#### Types of social network structures

### Strong and weak ties

- Know well = strong ties. Family, close friends. Provide personal support, advice, camaraderie
- Know but not very well = weak ties. May not know about your interests or career needs.

### Social resources theory

 Value of your connections as strong as access they have to the people or knowledge that you want to contact

### Structural holes theory

 Connections should belong to several different networks so with each connection you network into a new group.

## Strategies for expanding your social network

Let extended network know your needs

ADD WEAK TIES



**ARENA Creative** 

NURTURE RELATIONSHIPS
OUTSIDE INNER CIRCLE

Add connections with social resources

Build relationships with structural holes

Reach out to others

**Identify your** connections

Turn connections into relationships

Expand your social network

#### Work with awareness: Connect around causes



Igor Petrov

Showcase workplace skills and values



**Share social** causes with others



Sam Aronov

### **BUILD CONNECTIONS**



iQoncept

Choose meaningful activities

## Tech savvy: Use online social networks



Antun Hirsman

Learn about connections

**Expand** network

Social networking etiquette

## Six steps for informational interviewing

Review your research questions



Develop networking questions



Determine who to contact



Follow-up



**Conduct** interview



**Request** interview

#### Structure of informational interview



Thank contact for meeting with you Mention time agreed upon **Brief description of information sought** Ask general question to begin Wind down session before agreed upon time

#### **Networking for internships**



#### Now connect!!

**Create list of opportunities** 

**Identify** connections

**Approach them** 

#### **Thought questions**

- Do you feel prepared to speak with people in the world of work? Why or why not?
- Have you developed a list of questions about careers that will help you gather information from people during your career exploration?
- What can you do to improve your ability to build real relationships and connect with others in careers that interest you?