# CREATING A Flexible Plan for the World of Work CAREER SUCCESS

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## Chapter 1: Prepare

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#### What does this mean to you?



Nadezhda V. Kulagina

For tomorrow belongs to the people who prepare for it today.

~ African proverb

#### Where to start?

# What's important to you?





Monkey Business Images Gunnar Pippel



#### Prepare for your lifetime



## Career journal

#### **Environment**







**People** 



Kiselev Andrey Valerevich



**Dmitriy Shironosov** 



Alexander Raths

#### **Activities**



**Alexander Raths** 



**Alexander Raths** 



Vladimir Melnik

## Prepare for the world of work



Yuri Arcurs



Benjamin Haas



StockLite



nopporn

## **Diversity**



manzrussali







Golden Pixels LLC



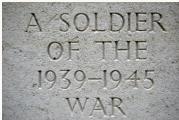
maxstockphoto

#### Multigenerational workplace

#### Overlapping images of Four generations



Lisa Fischer



**Rob Cottrell** 



iQoncept



Leigh Prather



Varina and Jay Patel



Thomas Pajot



OtnaYdur



Berci

## Technology/globalization



alphaspirit



ArtisticPhoto



Toria



Robnroll

### What do you think?

Diversity, technology and globalization will affect my career by...

## Goal of career development



#### A career

**Evolves over time** 

Reflects broad themes

Involves accumulation of skills and talents

#### **Career theorists**

#### Frank Parsons

- Founder of field of vocational psychology
- Match skills to occupation

#### Donald Super

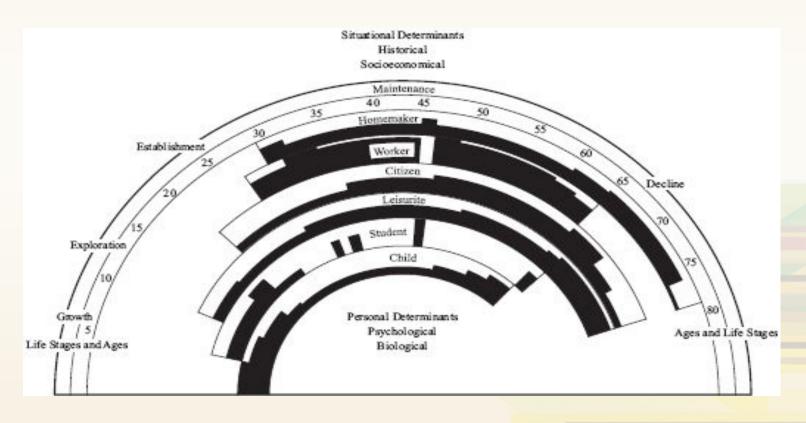
- Developmental theorist
- Nine life roles; five life stages

#### John Holland

- Built on Parsons' work
- Theory of personality type

#### Super's developmental theory

Life roles and life stages



#### Portfolio thinking

#### Review past successes

• Highlight skills, abilities, interests, and values

#### Identify skills gaps

Develop appropriate plans

#### Recognize personal accomplishments

- Enhance career resilience
- Consider additional career options

#### **Career Portfolio**

#### Your Flexible Plan

Prepare For Your Career

Drafting a flexible career plan offers you an opportunity to apply the content in every chapter of this text to your personal career development goals. Some chapters focus on self-assessment or gathering information about the world of work. These require a plan of analysis. Other chapters prepare you to table action to reach your goals, such as building relationships, making decisions, creating a resumé, or practicing interview skills. These require a plan of action.

Here are the steps of the plans you will create in each chapter.

#### PLAN OF ANALYSIS

Step 1: Gather Information

Step 2: Evaluate the Information

Step 3: Make Conclusions

#### PLAN OF ACTION

Step 1: Set Objectives

Step 2: Identify Tasks

Step 3: Define Action Steps

Your flexible plan will help you analyze information and take relevant, meaningful action steps. The chapters are laid out in a step-by-step approach, modeling the cycle of analysis and action throughout your career.

#### Your Rexible Plan

Han of Analysis	Chapter 2: Skills	Assess Your Skills
	Chapter 3: Preferences	De fine Your Preferences
	Chapter 4: Values	Discover Your Values
	Chapter 5: Explore	Develop a Career Exploration Strategy
Han of Action	Chapter & Relationships	Invest in Your Relationships
	Chapter 7: Decision Making	Commit to Your Next Step
	Chapter 8: Tools	Greate Your Job Search Tools
	Chapter 9: Launch	Initiate a Job or Internship Search
Han of Action and Plan of Analysis	Chapter 10: Career Management	Manage your Career

#### **Campus Resources**

## What resources are available on your campus?

## Community Resources which ones are available to you?



beboy



Sam72



Sylvie Bouchard





Mike Heywood

#### A flexible career plan

## Analysis

- Gather information
- Evaluate
- Make conclusions

### Action

- Set objectives
- Identify tasks
- Define action steps

#### What do you think?

Who is responsible for your career success?

 What are you looking forward to in the world of work?